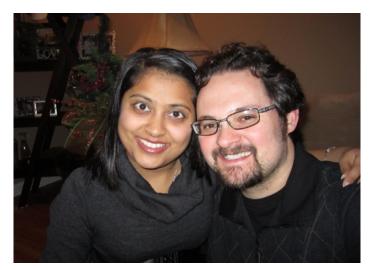
# Hello we are... Sheel & Rick









## Our Hopes and Dreams...

Growing up, I visited my parents' home country of India many times. A very poor country, I witnessed so many children without food, water, and other basic essentials. From a very early age this left me with the desire to care for "the children of the world." After sharing my desire to adopt, Rick and I knew one day we would be blessed to adopt a child.

Rick and I met more than 10 years ago and have been married for more than 6 years. We are a strong couple because we balance each other. As individuals, I am organized, a planner, particular about schedules, and I love to check items off a list. Rick is much more laid back and goes with the flow. I am more talkative and energetic. Rick is observant and introspective. Together we are open-minded, patient, forgiving, and generous. We easily laugh and tend not to take things too seriously.

We have stable jobs, stable incomes, and true work-family balance. We have plenty of room, we're in a good neighborhood, and we have help available to us if needed. We are ready to bring a child into our arms, family, home and world.

However, adoption comes as a mixed blessing. We know that for us to be blessed with adoption, a mother must make a very difficult decision. Even though we don't know each other, we admire your courage and selflessness. We have a common desire to provide your child a life of possibilities and opportunities. If you select us to parent your child, we will love your child unconditionally and instill good morals. We will be understanding, patient, and trusting. We will maintain commitments to ensure your child feels secure within themselves and their environment. We will support him or her in any endeavor and be nurturing to his or her talents. We will encourage and pave the way for your child to flourish into the person you want them to be.

If you select us to parent your child, we promise to be upfront and honest with your child about their adoption and teach your child about you. We will only show admiration towards the sacrifice you made and your child will grow up knowing you are still a part of their heart, and you theirs. We promise you that your child will feel they are the most important person in our lives. Because they are.

Sincerely,

Sheel & Rick



We focus on what matters to make every adoption a beautiful experience.









## Our values and beliefs as parents...

Putting Family First: Family time is so important for the both of us! Both of our parents have been married for over 35 years and they are who we look up to. Their marriage is what we strive to be like. They are all so encouraging and care for us tremendously. And our siblings and their spouses are our best friends. We are all concerned with one another's welfare and happiness. We want to incorporate what we learned from our parents and childhood to be as loving and supportive as possible to our child.

Tolerant and Giving: We want our child to learn to be tolerant and accepting of people from different cultures, races and backgrounds. We want them to be open to people who may be different from them in their looks, beliefs, and opinions. We will try different cuisines from around the world to encourage questions. We will buy our child a globe and attend different cultural activities. We also want them to have giving hearts. We will teach them this by donating clothes or helping elders and neighbors who may need a hand. We will donate to a charity in their name every year for their birthday. As with everything else in life, kids learn best by example and we will be that example for them.

Education: We believe that a good education opens doors to more opportunities. When we were searching for a home, we looked for the best school district in the city. However, we know that education doesn't just happen at school. We will be our child's first teachers taking advantage of everyday activities as teachable moments. A walk. Playing at a park. Shopping at a grocery store. Each is an opportunity to learn. While there are years before our child will be ready for higher education, we will encourage him or her to pursue their education and we already have an account set aside specifically for that purpose.

Experience life: We want our child to experience life, not just live life. We believe trying new things will help build new talents and determine their strengths. From a young age we will try difference foods, travel to different places, and participate in a variety of activities. We both grew up playing sports and we believe it builds self-esteem, confidence, motivates children to excel and teaches them social skills. From art to music, we want our child to dream and create!

Having fun: Regardless of what we are doing, we are always having a blast. And we believe children should have fun! We are always looking for things to do outside the house. We feel it is important to have an adventurous side and to stay active! Traveling is a big part of our lives. It is important for us to explore other lands and cultures and we take several trips every year. We will integrate this into our child's life by taking trips when they are out of school. We are very open-minded and have learned so much from traveling that we could have never learned at home.

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#### A little more about us...

Both non-smokers

#### Hobbies:

#### Adoptive Mother:

Cooking, entertaining, scrapbooking and art projects, traveling, hiking, bowling, and spending time with family and friends.

#### Adoptive Father:

Golfing, watching movies, traveling, bowling, playing pool, running (obstacle/mud runs), reading, and spending time with family and friends.

#### **Professions:**

Adoptive Mother: Pharmacist Adoptive Father: Pharmacist

#### Education Level:

Adoptive Mother: Doctoral Degree Adoptive Father: Doctoral Degree

### Our home...

Our community is very big on our college basketball and football teams. We will go to lots of games with our child. We have a children's museum within a few miles. We also have dozens of horse farms with horse riding available--some within walking distance. We also have pottery painting shops and a place that has cooking classes for children. We have several community pools to use. We also have a minor league baseball team. So much to experience!

We love our neighborhood! You see kids riding their bikes in the streets and playing in yards and driveways. We have a large field that our house backs up to, which is the size of a soccer field. Children freely play there with Frisbees, remote control airplanes, footballs, baseballs, and soccer balls. We have a very large park across from our house which has lots for children and families to do. We have a golf course attached to that park with several golf driving ranges.

Our house is new and is in one of the best school districts in the area. We have a spacious home with an exercise room, theater, and a game room with a pool table. The main floor is all open living space with lots of natural light, decorated in blues, grey, and light green. The furniture is very comfortable and makes our home feel very inviting.

Dinnertime is our favorite part of our day. We always make a point to eat together at the table without the TV on! It's our time to talk and catch up. One of our favorite meals to prepare is "Mexican night." Chips, salsa and guacamole are always fun to make and I think puts everyone in a good mood. I think I have mastered cooking enchiladas, tacos, and have even come up with my own version of the Mexican pizza. When the weather is nice outside, we like to spend the time outdoors and cook on the grill.

We can't wait to share our home and life with a child. We spent our first Christmas in this home last December. We bought a new 10 foot tree and all new decorations. It was nice to finally have room to decorate and make it really feel like the holidays. We even made a homemade Christmas dinner together. I can't wait for a child to help decorate the tree and make that time of year so special for them. I'm excited to see the look on their face Christmas morning as they open gifts and see the cookies eaten by Santa. We want to make all their holidays and birthdays magical. We can't wait to simply hold, kiss, and love our child.





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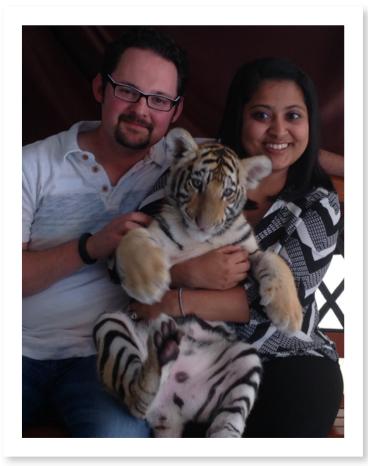


Rick and I met on the first day of pharmacy school, but it didn't go quite like I planned. After my "introductions," it was two years before we spoke again.

You see, my grandmother is Rick's mother's OBGYN. When Rick's mom came in for an appointment she shared that Rick was going to the same pharmacy school I was going to. I didn't know anyone on the first day of school but my grandmother had told me about him. I found out who he was and went straight up to him and said "Are you Rick? My grandmother delivered you." He was a little weirded out and didn't have a lot to say to me for the next two years. Our last year of school we had a mutual friend, so we started seeing more of each other. Our first date was at a Subway sandwich shop and then we watched a movie at my apartment. It was June, 2007.

About 1  $\frac{1}{2}$  years after our first date, Rick took me to an Indian restaurant after a particularly long, hard day of work. He rented out the private room. He had flowers and got down on one knee and asked me to marry him. We were married in September, 2009.

Since that time we have built a stable and secure marriage which allows us to truly enjoy life. During the week we bike around the neighborhood and if we have time, there are several hiking trails in the area we like to go to. On the



weekends, we do all sorts of activities. We spend a lot of that time outside the house, enjoying the company of friends and family. We like to go to matinee movie showings, go to new local restaurants, and head to neighboring towns' festivals. We love to go to driving ranges, watch live sporting events, kayak, swim, and even go bowling!

We think we have the best family! We love that our family is very unique because we are very culturally diverse. For example, a few weeks back, my brother got married and had a big, fat Indian wedding. Rick's parents, sister and brother-in-law all came to the wedding. They all put henna on their hands, danced Indian-style, and even wore Indian clothes. Rick and I even performed a "Bollywood" dance together. We celebrate the biggest Indian holiday every year with my parents (Diwali) and then celebrate every Christmas with Rick's family. It's important to my parents to maintain the Indian customs and it's nice to take off and spend that special time with them as it is equally important for Rick to maintain the Christian ideals he grew up with. We get together for birthdays, basketball games, football games and even summer cookouts together. We shop together, eat together, and even get together for movie nights. We are constantly seeing family on the weekends.

Our families share our hope and excitement for a child to join our family. They absolutely cannot wait! Both sides have been wanting a grandchild for so long. He or she will be the first grandchild for our parents. My mom and dad are retired so they will stay with us to help teach us all the wisdom they've gained from having children. And Rick's parents will be here a lot too, celebrating and spending time with their grandchild.



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